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| What canToastmastersdo for you? |  |
| Whether you’re a professional, student, stay-at-home parent, or retiree, Toastmasters is the best way to **build great communication skills.** You’ll learn how to successfully organize and present your ideas and yourself. Toastmasters will give you the **skills and confidence** you need to effectively express yourself in any situation. * You’ll be a better listener
* You’ll comfortably give and receive constructive evaluations

You’ll effectively develop and present ideasToastmasters training can be a wise career move:* You’ll give better sales presentations
* You’ll easily lead teams and conduct meetings
* You’ll hone management skills

You already have some or all of these skills.Toastmasters will help you to enhance them. |
| VISITORS ALWAYS WELCOME!Call 0416 000 000for more information! | ABC Toastmasters Club1st & 3rd Thursdays • 6:30 am - 7:45 am**Apple Valley Community Center**3 Bennington Drive, Balgowlah |